



MEDICATIONS TO AVOID MINIMUM 7 DAYS PRIOR TO APPOINTMENT

Antihistamines

Actifed
Aerokids
AH-Chew
Alavert
Aldex
Allegra
Allegra D
Atarax
Atrohist
Benadryl
Bromphed
Bromphed PD
Brompheniramine
Brovex
Cetirizine
Chlorpheniramine
Chlortrimeton
Clarinex
Clarinex D
Claritin
Claritin D
Clemastine
Cyrproheptadine
Deconamine
Dexodryl
Dimetane
Dimetapp
Diphenhydramine
Doxylamine
Drixoral
Duradryl
Duratan
Extendryl
Fexofenadine
Histex
Histussin
Hydroxyzine
Kronofed-A
Kronofed-A Jr
Loratadine
Naldecon
Nalex

Novahistine
Nyquil
Omnihist
Pediox
Periactin
Pheniramine
Pyrilamine
Pyrlex
Pyrlex CB
Rescon
Rondec
Ru-Tuss
Rynatan
Semprex
Sudal
Tavist
Triaminic
Tussi-12
Tussionex
Tylenol Allergy
Tylenol Cold

Tylenol Children's Cough and Runny Nose/Cold/Plus Flu

Vistaril
Xyzal
Zyrtec
Zyrtec D

Nasal Sprays

Astelin
Astepro
Patanase

Anti-Nausea Meds

Compazine
Phenergan
Tigan

Anti-Depressants

(only at the advice of the prescribing physician)

Amitriptyline
Clomipramine
Desipramine
Doxepin
Elavil
Imipramine
Norpramin
Pamelor
Sinequan
Tofranil

Reflux Meds

Axid
Cimetadine
Famotadine
Nizatadine
Pepcid
Ranitidine
Tagamet
Zantac

Eyedrops

Alocril
Elestat
Livostin
Naphcon-A (Naphcon is ok)
Opcon-A
Optichrome
Optivar
Pataday
Patanol
Zaditor

Sleep Aids

Tylenol PM
Theraflu Nighttime
Unisom

MEDICATIONS OK TO USE

NASAL SPRAYS

Afrin (Oxymetazoline)
Atrovent
Beconase
Flonase
Fluticasone
Nasocort AQ
Nasonex
Phenylephrine
Rhinocort
Veramyst

Derm Meds

Atopiclair
Elidel

Mimyx

Protopic

Steroid Creams

Respiratory Meds

Accolate

Advair

Albuterol

Atrovent

Flovent

Pulmicort

Singular

Theophylline

Ventolin

Xopenex

Decongestants/Expectorants

Carbapentane

Delsym

Dextromethorphan

Duratuss

Duravent

Entex LA, PSE

Guaifenisin

Humabid

Phenylephrine

Rescon GG

Respi-Tann, Respi-Tann G

Robitussin PD, DM

Sudafed, PE

Triaminic Yellow

Z-Cof DM

Meds for ADHD /Other

Cylert

Paxil

Prozac

Ritalin

Wellbutrin

Zoloft

Reflux Meds

Aciphex

Nexium

Omeprazole

Prevacid

Prilosec

Protonix

Zegerid

Oral Steroids - 10 days or less

****Any of these generic medicines found over the counter: Brompheniramine, Cetirizine, Chlorpheniramine, Diphenhydramine, Loratadine, Pheniramine, Pyrilamine